

THEODORE ROOSEVELT ASSOCIATION SCHOLAR

Anna Shaarda

McBain, MI

Seattle Pacific University

Year: Junior

Major: Psychology/Human Development
and Family Studies

Activities:

- ❖ “Study of Autism and Self-Regulation” Independent Research Lab-Lead “Delay for Gratification Coding Team”
- ❖ “Vision, 16” Christian “Sorority” Community
- ❖ Psi Chi, International Honors Society Psychology
- ❖ Volunteer: Child Life at Seattle Children’s Hospital, Child Life at Fred Hutch/Seattle Cancer Care Alliance
- ❖ Summer& Year-Round Employment: Nanny for families with infants and elementary age children



I am incredibly grateful toward the Theodore Roosevelt Association Foundation for awarding me this scholarship. It is a blessing and a comfort knowing that I am being provided for through their generosity. It is also such an encouragement to know that my hard work and effort is evident and being recognized. Studying psychology and learning about how individuals develop and function due to who they are and how the world influences them is what I am passionate about, and the MPA is helping me continue to do just that. Because of this scholarship, I will be able to commit myself more toward my education and the research that I am involved in, not having to worry about working as much in order to support my last year as an undergraduate. This opportunity is one that I would not be able to continue without the support that I have found and been given from my family, friends and institutions, including the Theodore Roosevelt Association and Wings Over America Scholarship Foundation.